

1.2. Basic Ergodic theory

We are interested in the behaviour of a system's time series.

Strong law of Large Numbers

Let X_i be an independent, identically distributed ^{set of} random variables. Then, the average converges to the expected value almost always.

Also: $\frac{1}{n} \sum_{i=1}^n X_i \rightarrow E(X_1)$; $\frac{1}{n} \sum_{k=0}^{n-1} f(T^k \omega) \rightarrow \int_{\Omega} f d\mu$

Recall: Measurable functions & their integrals

Remember: $f: \Omega \rightarrow \mathbb{R}$ is measurable iff $\forall a \in \mathbb{R}$ $[f > a]$ is in \mathcal{F} (σ -algebra of Ω) (that we are using β algebra in the reals, generated by $\{(-\infty, a)\}_{a \in \mathbb{R}}$)

Examples of measurable functions are indicators of measurable sets, or:

• "simple functions" = "discrete random variable"

$$f = \sum_{i=1}^N \alpha_i \mathbb{1}_{E_i} \quad (E_i \in \mathcal{F} \forall i \in \{1, \dots, N\})$$

• Pointwise limits of simple function.

Because: If $f_n: \Omega \rightarrow \mathbb{R}$ is measurable and $|f_n| \leq M \forall n \in \mathbb{N}$, $\limsup_{n \rightarrow \infty} f_n(\omega)$, $\liminf_{n \rightarrow \infty} f_n(\omega)$ is measurable $\forall \omega \in \Omega$

Proof: $\limsup_{n \rightarrow \infty} f_n(\omega) > a \Leftrightarrow \exists n \forall k > n (\limsup_{k \rightarrow \infty} f_k(\omega) \geq a + \frac{1}{n}) \Leftrightarrow$

$$\exists n / \forall m \forall N \exists k > N (f_k(\omega) > a + \frac{1}{n} + \frac{1}{m}) \Leftrightarrow [\limsup f > a] = \bigcup_{n=1}^{\infty} \bigcap_{m=1}^{\infty} \bigcap_{N=1}^{\infty} \bigcup_{k=N+1}^{\infty} [f_k > a + \frac{1}{n} + \frac{1}{m}]$$

And since σ -algebras are closed under measurable unions and intersections,

$$[\limsup f > a] \in \mathcal{F}.$$

Note: This doesn't hold for continuity. This is a standard form of reasoning when working with σ -algebras: translate to countable conditions and expressing them as set unions and intersections.

This is deeper, as:

Proposition Every bounded measurable f is the uniform limit of a sequence of simple

Proof Suppose $|f| \leq M$, f measurable. Let: $f_n := \sum_{k=-Mn}^{Mn} \frac{k}{n} \mathbb{1}_{[\frac{k}{n} \leq f \leq \frac{k+1}{n}]}$

Then, for every $\omega \in \Omega$, there is a unique $k / \frac{k}{n} \leq f(\omega) \leq \frac{k+1}{n} \Leftrightarrow f(\omega) \in (\frac{k}{n}, \frac{k+1}{n}]$

$$\text{So } |f_n(\omega) - f(\omega)| \leq \frac{1}{n} \xrightarrow{n \rightarrow \infty} 0 \quad \blacksquare$$

Now, let's see how we can integrate that.

• Indicators: Clearly: $\int_{\Omega} \mathbb{1}_E := \mu(E)$ is the most reasonable definition.

• Simple functions: $f = \sum \alpha_i \mathbb{1}_{E_i} \Rightarrow \int_{\Omega} f d\mu \stackrel{\text{definition + linearity}}{=} \sum \alpha_i \mu(E_i)$

• For general bounded measurable function: since $f = \lim_{n \rightarrow \infty} f_n$ (f_n simple)

So we define: $\int f d\mu := \lim_{n \rightarrow \infty} \int f_n d\mu$.

We can show that this limit exists and f has the usual properties of integrals.

Proof: (Existence of the limit)

Using the Cauchy criterion. Let $\epsilon > 0$. There is $n_0 \in \mathbb{N} / \forall n \geq n_0, |f_n(\omega) - f(\omega)| < \epsilon \forall \omega$.

Then $\forall n, m \geq n_0: |f_n(\omega) - f_m(\omega)| \leq |f_n(\omega) - f(\omega)| + |f(\omega) - f_m(\omega)| < 2\epsilon$

~~Since~~ By the triangle inequality: $|\int f_n d\mu - \int f_m d\mu| \leq \int |f_n - f_m| d\mu \leq \int 2\epsilon d\mu = 2\epsilon$

So $\int f_n$ is a Cauchy sequence in \mathbb{R} , which is complete, so it's convergent.

The usual properties are left to check.

Proposition If $\{f_n\}, \{g_n\}$ sequences of simple functions that converge to f , then

$$\lim_{n \rightarrow \infty} \int f_n d\mu = \int f d\mu$$

Proof Fix $\epsilon > 0$. Choose $n_0 \in \mathbb{N} / \forall n \geq n_0$ $\begin{cases} |f_n(\omega) - f(\omega)| < \epsilon \\ |g_n(\omega) - f(\omega)| < \epsilon \end{cases} \forall \omega \in \Omega$

Then, necessarily $|f_n(\omega) - g_n(\omega)| < 2\epsilon \Rightarrow$

$$|\int f_n d\mu - \int g_n d\mu| \leq \int |f_n - g_n| d\mu \leq 2\epsilon \Rightarrow \lim \int f_n = \lim \int g_n \quad \square$$

Point-wise Ergodic theory

We want to prove the law of large numbers: $\frac{1}{N} \sum_{k=0}^{N-1} f(T^k \omega) \xrightarrow{N \rightarrow \infty} \int f d\mu$ almost everywhere.

Let us note that in the case of conserved quantities, i.e. invariant functions) we have an obstruction.

Def. $f: \Omega \rightarrow \mathbb{R}$ is called T -invariant, if $f \circ T = f$ almost everywhere

A probability preserving system $(\Omega, \mathcal{B}, \mu, T)$ is ergodic iff every T -invariant function $f: \Omega \rightarrow \mathbb{R}$ is equal to a constant function a.e.: $\exists c / \mu(\{f=c\}) = 1$.

We shall now precisely state Birkhoff's Pointwise Ergodic Theorem:

Suppose $(\Omega, \mathcal{B}, \mu, T)$ measure preserving system, and $f: \Omega \rightarrow \mathbb{R}$ be a bounded measurable function. Then:

$$\bar{f}(\omega) = \lim_{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f(T^k \omega) \text{ exists a.e.}$$

If $(\Omega, \mathcal{B}, \mu, T)$ is ergodic, then $\bar{f}(\omega) = \int f d\mu$ a.e.

Proof Let's first assume $|f| \leq 1, f \in [0, 1]$.

$$\bar{A}(\omega) := \limsup_{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f(T^k \omega)$$

$$\underline{A}(\omega) := \liminf_{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f(T^k \omega)$$

We'll show $\bar{A}(\omega) = \underline{A}(\omega)$ a.e. Since $\bar{A} \geq \underline{A}$: $\bar{A} = \underline{A}$ a.e. $\Leftrightarrow \mu[\bar{A} > \underline{A}] = 0 \Leftrightarrow$

$$\forall n \mu[\bar{A} - \underline{A} > \frac{1}{n}] = 0$$

If we could show that $\int (\bar{A} - \underline{A}) d\mu = 0$, this will imply: $\mu[\bar{A} - \underline{A} \geq \frac{1}{n}] \leq \frac{1}{n} \int \frac{d\mu}{[\bar{A} - \underline{A} \geq \frac{1}{n}]} \leq \int n \cdot (\bar{A} - \underline{A}) d\mu = 0$. and thus $\bar{A} = \underline{A}$ a.e.

We start proving $\int (\bar{A} - \underline{A}) d\mu = 0$. We fix $M > 0, \epsilon > 0$.

We define $\tau(\omega) = \min \{n > 0 \mid \frac{1}{n} \sum_{k=0}^{n-1} f(T^k \omega) > \bar{A}(\omega) - \epsilon\}$ (well defined)

We color the time intervals between integers:

(1) If $\tau(\omega) > M$, k is 'red'

(2) If not, it is blue.

And then, we move to the next color/interval.

you stop when all intervals are colored or when you want to color a segment blue, but there are not enough k 's left.

We estimate

$\sum_{k=0}^{N-1} (f(T^k \omega) + 1_{[\tau > M]}(T^k \omega))$ from below

If k is red, $T^k \omega \in [\tau > M]$: $\sum_{k \text{ red}} (f(T^k \omega) + 1_{[\tau > M]}(T^k \omega)) \geq (\# \text{ reds}) \cdot (\bar{A}(\omega) - \epsilon)$

If k is blue $\sum_{k \text{ blue}} (\sum_{k \text{ segments}} (f(T^k \omega) + 1_{[\tau > M]}(T^k \omega))) \geq \sum_{k \text{ blue}} (\sum_{k \text{ segment}} f(T^k \omega)) \geq \sum_{k \text{ blue}} (\text{length}) \cdot \bar{A}(T^k \omega) =$

$= \text{length}(\Omega) \cdot (\text{average}) \geq (\# \text{ blues}) \cdot (\bar{A}(\omega) - \epsilon)$

So:

$\sum_{k=0}^{N-1} (f(T^k \omega) + 1_{[\tau > M]}(T^k \omega)) \geq \sum_{\text{red}} + \sum_{\text{blue}} + \sum_{\text{colorless}} \geq (\# \text{ reds} + \# \text{ blues}) (\bar{A}(\omega) - \epsilon) \geq (N - M) (\bar{A}(\omega) - \epsilon)$

less than M are colorless

Thus $\frac{1}{N} \sum_{k=0}^{N-1} (f(T^k \omega) + 1_{[\tau > M]}(T^k \omega)) \geq (1 - \frac{M}{N}) (\bar{A}(\omega) - \epsilon) \geq (1 - \frac{M}{N}) \int_{\Omega} \bar{A} - \epsilon$ and

since μ is T -invariant

Exercise: $\int g \circ T^k = \int g$ for all g bdd measurable when μ is T -invariant

$\frac{1}{N} \sum_{k=0}^{N-1} (\int_{\Omega} f d\mu + \mu[\tau > M]) \geq (1 - \frac{M}{N}) (\int_{\Omega} \bar{A} d\mu - \epsilon) \Rightarrow$

$\int_{\Omega} f d\mu + \mu[\tau > M] \geq$

Taking $N \rightarrow \infty, \epsilon \rightarrow 0, M \rightarrow \infty$ gives $\int_{\Omega} f d\mu \geq \int_{\Omega} \bar{A} d\mu - \epsilon$

It is easy to see that $\bar{f}(\omega) = \lim_{N \rightarrow \infty} \frac{1}{N} \sum_{k=0}^{N-1} f(T^k \omega)$ is invariant ($\bar{f} \circ T = \bar{f}$)
So, in the ergodic case $\exists c \in \mathbb{R} \mid \bar{f}(\omega) = c$ a.e.